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Shigeru Egami was president and chief instructor of the Japan Shotokai. Born in 1912 in Fukuoka, he began practicing karatedo while a student at Waseda University

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Karate-do, the "Way of Karate," is no different from the other martial arts in this respect. Animals are not muscle-bound; why should a man be?

Reading list - shotokan karate of america - san

The Heart of Karate-Do by Shigeru Egami; The Way of Karate: Beyond Technique by Shigeru Egami (an earlier version of "Heart of", but with original pictures)

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In Karate-Do Kyohan, Funakoshi quoted from the Heart Sutra, which is prominent in Shingon Buddhism: ^ Shigeru, Egami (1976). The Heart of Karate-Do. p. 13.

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Shigeru Egami was a pioneering Japanese master of Shotokan karate who founded the Sh t kai style. He was a student of Gichin Funakoshi, who is widely recognized as

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About the Author: SHIGERU EGAMI was president and chief instructor of the Shoto-kan of the Japan Karate-do Shoto-kai.

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