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Greg O'Connor is the chief instructor of Aikido Centers of New Jersey with dojos across that state. A 6th degree black belt in Aikido he devotes all his efforts to

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Aikido Center of Sparta offers Aikido & Iaido classes in Sparta, NJ. and Aikido Centers founder, Greg O'Connor is a world known and The Elements of Aikido.

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Feb 25, 2014 Greg O'Connor Sensei and Frank Bloksberg spoke about aikido training, aikido stories, why O'Connor Sensei thinks retreats benefit attendees and some of his

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Greg O'Connor is the author of The Aikido Student Handbook (3.61 avg rating, 57 ratings, 9 reviews, published 1993), Elements of Aikido

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